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## Canadian food guide

Tasik, mountain, touques, people who say Sorry when you meet them ..... these are the things most ordinary outsiders think when imagining Canada. Food? Not so much. Indeed, Canada only eats the same things as America. Well, although the Canadian diet and food scene is similar to our U.S. neighbors it has its own nuances, including many unique dishes. Canada's steep heritage in multiculturalism and the country's foodscape reflects this. In addition, there are some idiosyncrasies of cuisine that may be beyond explanation or are born urgently. French fries with gravy and cheese? Who would have thought these things would be? 01 of 10 fw\_gadget/Flickr/CC BY-SA 2.0 Each country seems to have its own brand of potato chip chips and Canada is no different. Japan has halia wasabi, Australia has a Caesar salad and China has blueberries to name a few. Well, in Canada there's nothing strange about ketchup-edged specs even though visitors may not agree (so they try it). Rangup can make your fingers red, but the taste of fresh tomato tangy is a natural complement to the masin potato chip. Go on to 2 out of 10 below. 02 of 10 Laura D'Alessandro/Flickr/CC BY 2.0 It is only appropriate that a beautiful dessert is as delicious as a Nanaimo bar originating from the beautiful nanaimo town of Nanaimo, British Columbia. The bar consists of a wafer-based coating coupled with custard-flavored butter icing and melted chocolate. It tastes so good that Nanaimo's bar has begun to expand into North America. But why not enjoy one (or two) where it all began! Go on to 3 out of 10 below. 03 of 10 WIN-Initiative/Getty Images Bacon is one of the first things that comes to mind when people think of Canada. Canada praises its fat provisions as well as bit, with eggs, geckos, or straight up. In fact, a Huffington Post study concluded that 43% of Canadians would vote for bacon over sex. In Canada, the term bacon itself usually refers to the bacon path described here, which comes from the pork belly. Indulging in some juicy bacon is one of the many advantages of a trip to Canada. Go on to 4 out of 10 below. 04 of 10 WoodenDinosaur/Getty Images Perhaps the most famous Canadian dish is a deliciously delicious food: poutine. Born in Quebec, this unlikely concoction dish is a French french fries dish that is added with cheese and synchronised with gravy. It is sold on the beach to the beach in pubs, diners, hockey rinks and cip gerapaan. Smoke's Poutine is a country-wide francais offering original poutine. Admittedly not the healthiest choice, poutine yet a unique - if not slightly baffling - choice of food cuisine soon in Canada, and we you're to see what all the fuss is about. Proceed to 5 out of 10 below. 05 out of 10 BalkansCat/Getty Images You know desserts are good when it's better than the main course. Butter tarts are one of the desserts. They are made of butter, sugar, syrup, and eggs then poured inside pastry and eventually burned so that the filling is controlled on the inside and firmly outside. The first example of a butter tart date back to the Canadian pioneers, but the recipe came to notoriety in 1900 when it was published in a cookbook. If you get the chance to order a butter tart at a restaurant or tavern, we encourage you to try one of these heavenly pastries! Go on to 6 out of 10 below. 06 instead of 10 Ron Erwin/Getty Images Canadians love the sweetness of wild blueberries. The smaller, sweeter variety of ordinary blueberries is one of the resounding signs of summer. Also known as lowbush blueberries, wild blueberries grow in eastern North America but mainly in Ontario, Quebec and the Maritime Region. Canada is the world's largest exporter of wild blueberries. But if you're in Canada in the summer, stop by the local fruit establishment to try it recently. Wild blueberries enhance many dishes and desserts such as pancakes, yogurt, pastries, and more. Go on to 7 out of 10 below. 07 of 10 Bruce Yuanyue Bi/Getty Images Southern BBQ and pastrami get a lot of attention, but in Quebec, nothing beats Montreal's smoked meat sandwich. This kosher-style deli meat is made by soothing brisket beef and adding flavored spices such as coriander or mustard. It makes sandwich the perfect taste to suit a great appetite. Schwartz's, Canada's oldest deli, sells smoked mouthwatering meat and is a must-try when you're in Montreal. Go on to 8 out of 10 below. 08 of 10 Craig Dugas/Flickr/CC BY-SA 2.0 Coming straight outta Quebec is tourtière, a Canadian classic. This meat pie is made with pork, beef or beef diced and is very popular in Canada for Christmas and New Year, but is also sold in retail stores throughout Canada throughout the year. There are variations of these delicious dishes such as Saguenay-Lac-Saint-Jean, Montreal, Acadian, and Manitoba tourtière, all made in slightly different ways. But what continues is the delicious and nostalgic taste that the dish represents. Go on to 9 out of 10 below. 09 of the 10 BeaverTails Pastries BeaverTails are Canadian pastry chains standing coast to coast. The brand's name products are stretched to look like beaver tails, fried to add to the goodness of calories filled, heart stopped, and finished with a variety of toppings such as brown banana, cinnamon epal, and maple. BeaverTails stands the point of the Ottawa area, including the Rideau Canal, which famously switches to a public launch rink during the winter. What's more Canadian than gliding outside and munching on BeaverTail? Go on to 10 out of 10 below. 10 of 10 Wilson Hui /Flickr/CC BY 2.0 Looks a lot like a lemon meringue pie, a real flapper pie of the cinnamon graham base, fill the vanilla custard filling and topped with meringue. This dessert comes from Manitoba but is available in the neighboring provinces of Alberta and Saskatchewan. One taste and you will wonder why these special foods don't gain popularity across the country, but just look for joy in the fact that you are you Get acquainted. Flapper pies have a height of popularity in the past few days. It tends to be a grandmother's recipe dish. With the Internet though, recipe can be found easily and markets and bakeries can carry it in the prairie region of Canada. Sign up for the BuzzFeed Quizzes Newsletter - Binge on the latest quiz delivered to your inbox with Kuiz!! One of the best things about travel is experiencing new and different cuisines. Sushi at Japon, Ragu alla Bolognese in Italy, feijoada in Brazil-wherever you travel, there is always at least one authentic dish that you just have to try. If it is your first time in Canada, why not feel the Quintessentially Canadian food? Start with these five famous Canadian foods. Note: Since my focus is on Vancouver, BC I explained where to look for this Canadian food in Vancouver, but this is a national dish that you will find all over the country. 02 of 05 Lauri Patterson/Getty Images A Nanaimo Bar is a Canadian dessert bar with three layers: the crumble-water bottom, the butter flavored custard-icing the middle, the top part chocolate. Of course, there's also the endless peanut-flavored variety of Nanaimo bar, Nanaimo pudina bar, gluten-free and Tonusu-free Nanaimo bars. The name Nanaimo refers to Nanaimo, BC, a town on Vancouver Island, not far from Vancouver's coast. If you're in Vancouver, you can take a day trip or weekend get to Nanaimo and echo yourself at nanaimo bar on their Nanaimo Bar Trail. You can also find Nanaimo bars at bakeries throughout Vancouver, including Bonchazz Bakery (426 W Hastings Street) and Granville Island Public Market. 03 of 05 Edible Canadian Maple leaves are a symbol of Canada and Canada is the largest producer of maple syrup in the world (mostly from Quebec and the eastern regions). So, naturally, there is a lot of food made with real maps. The best place in Vancouver to take care of maple-everything from real maple shingles to Canadian Edible candy-is on Granville Island, where you can look for a variety of maple products, suitable for gifting and to take home as gifts or souvenirs. 04 of the Best 05 on the Sea Walk to any luxury tourist shop in Canada and you'll probably find salmon salai from British Columbia, usually wrapped in a box of cedar or bentwood and decorated with BC First Nations art. That's the right thing to do in Vancouver, where local salmon and Pacific Northwest cuisine. In Vancouver, you can find great salai salmon at Finest at Sea, which is located on Granville Island and another in Kerrisdale; try their candy salmon deafness. You can find salmon salai gift boxes at Granville Island, Meinhardt's (3002 Granville Street) and at Costco (yes, Proceed to 5 from 5 below. Image: ChristopherBernard/E+/Getty Images So, you know the current Canadian prime minister, the capital and some famous faces. But there is a lot more to do in the country. There are so many foods, places and structures that bring pleasure to pleasure joy to the rest of the country. Chances are that you probably know a few of them, even if you've never visited the Great White North. Ready to test all that knowledge? Canada became an official country in 1867. This means that there are over 100 years of knowledge that needs to be present in the country. From the first prime minister to some of the most popular media of the year, there is nothing more interesting than Canadian history. Sometimes, history even repeats itself. Just look at Pierre Trudeau, who now has a son, Justin, who is the country's prime minister. You might be wondering, is it all about the prime minister? In Canada, this is a big deal! So, are you considered a clever Canadian? Or at least, an honorary Canadian at heart? If you have answered yes, then you may just have what it takes for this ace quiz. There's only one way to find out, and that's by taking the quiz! PERSONALITY How Canada Is You Really? 5 Trivia 5 Minutes Quiz You Can Identify This Statue and Canadian Monument? 6 Minutes Quiz 6 Min PERSONALITY Can You Be a Spy? 5 Minutes Quiz 5 Min TRIVIA You Can Name 40 Out of 50 States From Just Map Guidelines? 7 Minutes Quiz 7 Min TRIVIA You Can Pass this tough North American Geographic Quiz? 6 Minutes Quiz 6 Min TRIVIA How Many Canadian Cities Do You Know? 6 Quiz Minutes 6 Min PERSONALITY Can We Guess Which Country Would You Lose? 5 Minutes Quiz 5 Min TRIVIA Can You Answer All These Trivia Texas Questions Without Any Indication? 7 Minutes Quiz 6 Min TRIVIA 35 True New Englanders Things Know 6 Minutes Quiz 6 Min Personality What% Canada Is Your Adab? 6 6 Min Minutes Quiz How much do you know about dinosaurs? What is the octane rating? And how do you use the right noun? Lucky for you, HowStuffWorks Play is here to help. Our award-winning website offers a reliable and understandable explanation of how the world works. From fun quizzes that bring joy to your day, to attracting photography and interesting lists. HowStuffWorks Play offers something for everyone. Sometimes we explain how stuff works, other times, we ask you, but we're always exploring the name of fun! Because learning is fun, so stick with us! Playing quizzes is free! We send trivia questions and personality tests every week to your inbox. By clicking Register you agree to our privacy policy and confirming that you are 13 years of age or older. Copyright © 2020 InfoSpace Holdings, LLC, Systems Company1